

babycafé



Set up a Baby Café

Facilitators

Mums

Volunteers

Commissioners

Media

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Oxford Baby Cafés are making a difference

In preparation for National Breastfeeding Week we caught up with Lisa Mansour (an internationally certified lactation consultant) to see what their nine Baby Cafés are achieving.

"Our Baby Cafés are seen as a welcoming and reliable resource for the community. We run them alongside midwifery clinics or parent and baby sessions in children's centres, so mothers aren't so scared of the unknown.

One of things that works well about the Baby Café model is the sessions are regular, easy to access, with a small team, so faces become familiar quickly. Running a busy weekly programme of Baby Cafés around the county means women can get high quality support and information at a range of venues.

We are very proud to offer a provision that enables mothers to breastfeed their babies for as long as they wish."

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